

D-Derm Aesthetics

Non-Surgical Facelift - Treatment Protocol

Pre-Treatment instructions

- It is recommended to take Tylenol/Advil 30 mins prior to the treatment.
- Stop any blood thinning medications, as bruising is possible.
- Do not wear any makeup, lotions, powder, or perfumes on or around the areas being treated.

Post-Treatment Instructions

- Bruising, swelling and tenderness can occur in the treated area.
- Some clients experience a toothache type discomfort after the treatment, the Tylenol/Advil which you take prior to the session will help considerably.
- Immediately after the procedure the treated area may look slightly red for up to a few hours. Rarely, some spots of bruising may be visible, but typically bruising is not evident until 2-5 days after the session. Icing and holding pressure on your cheeks and jawline for about 5-10 minutes will help.
- If your forehead was treated you may have a mild headache, stinging, or hair pulling sensation in your scalp following the treatment. When this occurs it usually lasts less than 24 hours but on rare occasions can continue to be sporadically bothersome for up to a week.
- Irritation of peripheral sensory or motor nerves is uncommon but can happen. This can result in temporary patches of decreased sensation or some weakness of facial muscles. When this occurs, it is always temporary and usually resolves within three weeks.

What to Avoid

- Avoid alcohol, spicy food and seafood for at least 24 hours after the treatment
- Avoid Face Massage, Hot bath, Exercise or Strenuous activity for the first 24 hours after the treatment